

Q-CHAT-10 Quantitative Checklist for Autism in Toddlers

A quick referral guide for parents to complete about their toddler (18 – 24 months) with concerns about autism.

For each item, please circle the response which best applies to your child:

		A	B	C	D	E
1	Does your child look at you when you call his/her name?	Always	Usually	Sometimes	Rarely	Never
2	How easy is it for you to get eye contact with your child?	Very easy	Quite easy	Quite difficult	Very difficult	Impossible
3	Does your child point to indicate that s/he wants something? (e.g. a toy that is out of reach)	Many times a day	A few times a day	A few times a week	Less than once a week	Never
4	Does your child point to share interest with you? (e.g. pointing at an interesting sight)	Many times a day	A few times a day	A few times a week	Less than once a week	Never
5	Does your child pretend? (e.g. care for dolls, talk on a toy phone)	Many times a day	A few times a day	A few times a week	Less than once a week	Never
6	Does your child follow where you're looking?	Many times a day	A few times a day	A few times a week	Less than once a week	Never
7	If you or someone else in the family is visibly upset, does your child show signs of wanting to comfort them? (e.g. stroking hair, hugging them)	Always	Usually	Sometimes	Rarely	Never
8	Would you describe your child's first words as:	Very typical	Quite typical	Slightly unusual	Very unusual	My child doesn't speak
9	Does your child use simple gestures? (e.g. wave goodbye)	Many times a day	A few times a day	A few times a week	Less than once a week	Never
10	Does your child stare at nothing with no apparent purpose?	Many times a day	A few times a day	A few times a week	Less than once a week	Never

SCORING: For questions 1-9: if you circle an answer in columns C, D or E, score 1 point per question. For question 10: if you circle an answer in columns A, B or C, score 1 point. Add points together for all ten questions. If your child scores more than 3 out of 10, the health professional may consider referring your child for a multi-disciplinary assessment.

Key reference: Allison C, Auyeung B, and Baron-Cohen S, (2012) *Journal of the American Academy of Child and Adolescent Psychiatry* 51(2):202-12.

